

31. Meller Crosslauf

Ergebnisliste AK Schülerinnen C+D 1.125m

| Platz | Startnr. | Name | Jahrg. | Genus | Verein | Zeit |
|---------|----------|---------------------|--------|-------|--------------------------------|-------|
| W08 u.j | | | | | | |
| 1. | 352 | Schröder, Anna | 1999 | w | GS In der Wüste / LG Osnabrück | 04:54 |
| 2. | 410 | Strehlau, Larissa | 1999 | w | GS In der Wüste / LG Osnabrück | 05:37 |
| 3. | 346 | Schonebeck, Marie | 1999 | w | GS In der Wüste / LG Osnabrück | 06:09 |
| 4. | 383 | Kille, Selina | 2000 | w | Sandhorstschule | 06:35 |
| 5. | 274 | Niebuhr, Kim Sarah | 2000 | w | Sandhorstschule | 06:56 |
| 6. | 275 | Niebuhr, Alexandra | 1999 | w | Sandhorstschule | 06:56 |
| 7. | 148 | Hebbe, Ralya | 2003 | w | SC Melle 03 | 08:25 |
| W09 | | | | | | |
| 1. | 54 | Budgen, Carlotta | 1998 | w | GS In der Wüste / LG Osnabrück | 04:53 |
| 2. | 445 | Wehming, Johanna | 1998 | w | OSC Damme | 05:00 |
| 3. | 224 | Kruthaup, Marie | 1998 | w | GS In der Wüste / LG Osnabrück | 05:12 |
| 4. | 533 | Laun, Paula | 1998 | w | ohne | 05:20 |
| 5. | 492 | Martin, Alina | 1998 | w | SC Melle 03 | 05:34 |
| 6. | 193 | Kille, Lea | 1998 | w | Sandhorstschule | 06:30 |
| 7. | 56 | Carstensen, Merle | 1998 | w | GS In der Wüste / LG Osnabrück | 07:03 |
| W10 | | | | | | |
| 1. | 391 | Sochart, Chiara | 1997 | w | LC Solbad Ravensberg | 04:36 |
| 2. | 175 | Hülsmann, Charline | 1997 | w | Sportkl, Realschule GM-Hütte | 04:38 |
| 3. | 32 | Blasey, Lea | 1997 | w | SV Brackwede | 04:46 |
| 4. | 196 | Klos, Joanna | 1997 | w | OSC Damme | 04:49 |
| 5. | 228 | Kuhnert, Verena | 1997 | w | GSS c/o LG Osnabrück | 04:58 |
| 6. | 221 | Kreuzer, Mathilda | 1997 | w | GSS c/o LG Osnabrück | 05:01 |
| 7. | 110 | Finkemeyer, Merle | 1997 | w | Kinderlauftreff Vlotho | 05:06 |
| 8. | 353 | Schröder, Theresa | 1997 | w | LG Osnabrück | 05:22 |
| 9. | 115 | Frankenberg, Lea | 1997 | w | Sportkl, Realschule GM-Hütte | 05:38 |
| 10. | 398 | Spreckelmeyer, Jana | 1997 | w | Sportkl, Realschule GM-Hütte | 05:49 |
| 11. | 250 | Marstall, Hannah | 1997 | w | Sportkl, Realschule GM-Hütte | 05:58 |
| 12. | 103 | Ewert, Gina | 1997 | w | LC Solbad Ravensberg | 06:02 |
| 13. | 116 | Fricke, Paula | 1997 | w | Thomas-Morus-Schule | 06:04 |
| 14. | 23 | Benthe, Nele | 1997 | w | Sportkl, Realschule GM-Hütte | 06:17 |
| 15. | 312 | Rolf, Anna - Lena | 1997 | w | Sportkl, Realschule GM-Hütte | 06:21 |
| 16. | 27 | Bexter, Alina | 1997 | w | Thomas-Morus-Schule | 07:03 |
| W11 | | | | | | |
| 1. | 343 | Scholz, Anja | 1996 | w | OSC Damme | 04:34 |
| 2. | 211 | Kollhoff, Klara | 1996 | w | OSC Damme | 04:57 |
| 2. | 354 | Schröder, Katharina | 1996 | w | LG Osnabrück | 04:57 |
| 4. | 246 | Lütkes, Marianne | 1996 | w | GSS c/o LG Osnabrück | 05:21 |
| 5. | 463 | Wilsmann, Anna | 1996 | w | GSS c/o LG Osnabrück | 05:24 |
| 6. | 206 | Koch, Wiebke | 1996 | w | GSS c/o LG Osnabrück | 05:25 |
| 7. | 427 | Trentmann, Nina | 1996 | w | Sportkl, Realschule GM-Hütte | 05:31 |
| 8. | 466 | Wöllmer, Denise | 1996 | w | GSS c/o LG Osnabrück | 05:35 |
| 9. | 187 | Kanke, Verena | 1996 | w | GSS c/o LG Osnabrück | 05:39 |
| 10. | 470 | Schepers, Lena | 1996 | w | Sportkl, Realschule GM-Hütte | 05:40 |
| 11. | 85 | Dreier, Corinna | 1996 | w | Sportkl, Realschule GM-Hütte | 05:43 |
| 12. | 168 | Höne, Christina | 1996 | w | GSS c/o LG Osnabrück | 05:52 |
| 13. | 471 | Wamhoff, Alissa | 1996 | w | GSS c/o LG Osnabrück | 05:57 |
| 14. | 15 | Baerhausen, Laura | 1996 | w | Sportkl, Realschule GM-Hütte | 05:59 |
| 15. | 194 | Kleimeyer, Hanna | 1996 | w | Sportkl, Realschule GM-Hütte | 06:02 |

Ergebnisliste AK Schülerinnen C+D 1.125m

| Platz | Startnr. | Name | Jahrg. | Genus | Verein | Zeit |
|-------|----------|-------------------|--------|-------|------------------------------|-------|
| 16. | 182 | Jannik, Alina | 1996 | w | Thomas-Morus-Schule | 06:03 |
| 17. | 37 | Bockrath, Kristin | 1996 | w | GSS c/o LG Osnabrück | 06:18 |
| 18. | 278 | Niemann, Madita | 1996 | w | Sportkl, Realschule GM-Hütte | 06:21 |
| 19. | 13 | Azaroglu, Sina | 1996 | w | GSS c/o LG Osnabrück | 07:01 |

Anzahl: 49

31. Meller Crosslauf

Ergebnisliste AK Schüler C+D 1.125m

| Platz | Startnr. | Name | Jahrg. | Genus | Verein | Zeit |
|----------|----------|--------------------------|--------|-------|--------------------------------|-------|
| M08 u.j. | | | | | | |
| 1. | 416 | Taubmann, Jonas | 1999 | m | GS In der Wüste / LG Osnabrück | 04:42 |
| 2. | 464 | Schewski, Luca | 1999 | m | OFV Ostercappeln | 04:50 |
| 3. | 174 | Huhtakangas, Nils | 1999 | m | Grundschule Bissendorf | 04:58 |
| 4. | 4 | Allmannsberger, Till | 1999 | m | SC Melle 03 | 05:03 |
| 4. | 185 | Joachim Meyer, Jannik | 1999 | m | OSC Damme | 05:03 |
| 6. | 520 | Müller-Reil, Jannik | 1999 | m | OFV Ostercappeln | 05:24 |
| 7. | 63 | Dickob, Moritz | 2000 | m | LC Solbad Ravensberg | 05:29 |
| 8. | 334 | Schilling, Maximilian | 1999 | m | OTHC | 05:32 |
| 9. | 356 | Schröder, Timo | 2000 | m | TV 01 Bohmte | 05:47 |
| 10. | 289 | Peperkorn, Jörn | 2000 | m | SC Melle 03 | 05:52 |
| 11. | 325 | Sander, Dominik | 1999 | m | LG Osnabrück | 05:59 |
| 12. | 490 | Westerkamp, Tobias | 1999 | m | GS In der Wüste / LG Osnabrück | 06:00 |
| 13. | 253 | Massmann, Luis | 1999 | m | | 06:01 |
| 14. | 67 | Dietz, Noah | 2001 | m | LG Osnabrück | 06:08 |
| 15. | 512 | Föhse, Patrick | 2000 | m | ohne | 06:13 |
| 16. | 79 | Dittmer, Leon | 1999 | m | GS In der Wüste / LG Osnabrück | 06:16 |
| 17. | 80 | Dittmer, Moritz | 1999 | m | GS In der Wüste / LG Osnabrück | 06:20 |
| 18. | 500 | Kolbeck, Noah | 1999 | m | OSC Damme | 06:21 |
| 19. | 341 | Schneiderle, Moritz | 2000 | m | GS In der Wüste / LG Osnabrück | 06:41 |
| 20. | 150 | Hebbe, Ramires | 2000 | m | SC Melle 03 | 06:48 |
| 21. | 355 | Schröder, Maximilian | 2002 | m | LG Osnabrück | 06:51 |
| 22. | 214 | Kongsted- Sander, Rasmus | 1999 | m | Sandhorstschule | 06:59 |
| 23. | 318 | Rötger, Nick | 1999 | m | Sandhorstschule | 07:14 |
| 24. | 372 | Schuster, Andre | 1999 | m | Sandhorstschule | 07:16 |
| M09 | | | | | | |
| 1. | 33 | Bloemen, Benny | 1998 | m | OSC Damme | 04:09 |
| 2. | 290 | Peperkorn, Jan-Ole | 1998 | m | SC Melle 03 | 04:48 |
| 3. | 159 | Hinrichs, Jesse | 1998 | m | OSC Damme | 04:52 |
| 4. | 301 | Quante, Lars | 1998 | m | GS In der Wüste / LG Osnabrück | 04:55 |
| 5. | 357 | Schröder, Leon | 1998 | m | TV 01 Bohmte | 04:57 |
| 5. | 417 | Taubmann, Maximilian | 1998 | m | GS In der Wüste / LG Osnabrück | 04:57 |
| 7. | 378 | Seelhöfer, Simon | 1998 | m | LC Solbad Ravensberg | 05:07 |
| 8. | 68 | Dietz, Benedikt | 1998 | m | LG Osnabrück | 05:33 |
| 9. | 77 | Dittmann, Nico | 1998 | m | SC Melle 03 | 05:34 |
| 9. | 313 | Rolwes, Leon | 1998 | m | GS In der Wüste / LG Osnabrück | 05:34 |
| 11. | 350 | Schöttler, Philip | 1998 | m | GS In der Wüste / LG Osnabrück | 05:40 |
| 12. | 98 | Erdmann, Lesther | 1998 | m | SC Melle 03 | 05:48 |
| 13. | 554 | Kruckemeyer, Lukas | 1998 | m | GS In der Wüste / LG Osnabrück | 06:03 |
| 14. | 279 | Obenhaus, Tom | 1998 | m | Sandhorstschule | 06:18 |
| 15. | 367 | Schulte, Fabian | 1998 | m | OSC Damme | 06:25 |
| 16. | 376 | Schweigert, Andreas | 1998 | m | Sandhorstschule | 07:28 |
| M10 | | | | | | |
| 1. | 266 | Mittmann, Steffen | 1997 | m | TUS Bramsche | 04:29 |
| 2. | 231 | Küpper, Elias | 1997 | m | Ratsgymnasium OS / LG | 04:33 |
| 3. | 335 | Schilling, Alexander | 1997 | m | OTHC | 04:34 |
| 4. | 519 | Schmidtendorf, Bela | 1997 | m | Lindenschule Buer | 04:40 |
| 5. | 232 | Küpper, Johannes | 1997 | m | Ratsgymnasium OS / LG | 04:51 |
| 6. | 188 | Karrenbrock, Tom | 1997 | m | Sportkl, Realschule GM-Hütte | 05:06 |

Ergebnisliste AK Schüler C+D 1.125m

| Platz | Startnr. | Name | Jahrg. | Genus | Verein | Zeit |
|-------|----------|---------------------|--------|-------|--------------------------------|-------|
| 7. | 238 | Liedmann, Tobias | 1997 | m | Sportkl, Realschule GM-Hütte | 05:18 |
| 7. | 437 | Verch, Christoph | 1997 | m | Sportkl, Realschule GM-Hütte | 05:18 |
| 9. | 134 | Griese, Matthias | 1997 | m | Sandhorstschule | 05:19 |
| 10. | 469 | Zöller, Bennett | 1997 | m | GS In der Wüste / LG Osnabrück | 05:25 |
| 11. | 303 | Rasche, Ben Leander | 1997 | m | GSS c/o LG Osnabrück | 05:32 |
| 12. | 28 | Bick, Jonas | 1997 | m | GSS c/o LG Osnabrück | 05:35 |
| 12. | 384 | Seßmann, Mika | 1997 | m | GSS c/o LG Osnabrück | 05:35 |
| 14. | 186 | Joachim Meyer, Luca | 1997 | m | Sportkl, Realschule GM-Hütte | 05:39 |
| 15. | 413 | Striethorst, David | 1997 | m | Sportkl, Realschule GM-Hütte | 05:41 |
| 16. | 126 | Finkemeyer, Malte | 1997 | m | Kinderlauftreff Vlotho | 05:48 |
| 17. | 438 | Vogel, Jan Felix | 1997 | m | Sportkl, Realschule GM-Hütte | 06:02 |
| 18. | 454 | Wessel, Christian | 1997 | m | Thomas-Morus-Schule | 06:15 |

M11

| | | | | | | |
|-----|-----|-------------------------|------|---|------------------------------|-------|
| 1. | 45 | Böwer, Lars | 1996 | m | SV Eintracht Neuenkirchen | 04:23 |
| 2. | 521 | Gans, Fabio | 1996 | m | GSS c/o LG Osnabrück | 04:30 |
| 3. | 569 | Heinisch, Maik | 1996 | m | GSS c/o LG Osnabrück | 04:32 |
| 4. | 401 | Staege, Marc Dominik | 1996 | m | SC Melle 03 | 04:39 |
| 5. | 46 | Breitenstein, Jannis | 1996 | m | OSC Damme | 04:40 |
| 6. | 184 | Jenner, Julian | 1996 | m | radsport | 04:47 |
| 7. | 106 | Fark, Hendrik | 1996 | m | GSS c/o LG Osnabrück | 04:50 |
| 8. | 57 | Chatterjea, David | 1996 | m | LC Solbad Ravensberg | 04:51 |
| 9. | 440 | Vollert, Johannes | 1996 | m | Sportkl, Realschule GM-Hütte | 04:59 |
| 10. | 324 | Rüter, Fabian | 1996 | m | Thomas-Morus-Schule | 05:01 |
| 10. | 235 | Lange, Henning | 1996 | m | Sportkl, Realschule GM-Hütte | 05:01 |
| 12. | 208 | Kohl, Jonas | 1996 | m | Thomas-Morus-Schule | 05:08 |
| 13. | 326 | Sander, Julian | 1996 | m | LG Osnabrück | 05:12 |
| 14. | 327 | Sauer, Felix | 1996 | m | Thomas-Morus-Schule | 05:14 |
| 15. | 412 | StreLOW, Tom | 1996 | m | Sportkl, Realschule GM-Hütte | 05:15 |
| 16. | 305 | Raßfeld, Rico | 1996 | m | Sportkl, Realschule GM-Hütte | 05:16 |
| 17. | 299 | Pohlschneider, Simon | 1996 | m | OSC Damme | 05:17 |
| 18. | 297 | Plogmann, Marlo | 1996 | m | Sportkl, Realschule GM-Hütte | 05:24 |
| 19. | 29 | Bick, Tobias | 1996 | m | GSS c/o LG Osnabrück | 05:25 |
| 20. | 268 | Morgenroth, Maximilian | 1996 | m | SV Brackwede | 05:26 |
| 21. | 385 | Sharif Samani, Ben-Said | 1996 | m | GSS c/o LG Osnabrück | 05:30 |
| 22. | 487 | Tepe, Florian | 1996 | m | Sportkl, Realschule GM-Hütte | 05:31 |
| 23. | 288 | Pelke, Janek | 1996 | m | Sportkl, Realschule GM-Hütte | 05:32 |
| 24. | 173 | Hufnagel, Pascal | 1996 | m | Sportkl, Realschule GM-Hütte | 05:37 |
| 25. | 319 | Rott, Patrick | 1996 | m | GSS c/o LG Osnabrück | 05:39 |
| 26. | 439 | Völler, Nico | 1996 | m | Thomas-Morus-Schule | 05:42 |
| 27. | 526 | Rennemann, Paul | 1996 | m | GSS c/o LG Osnabrück | 05:46 |
| 28. | 17 | Bartholomäus, Tilo | 1996 | m | Sportkl, Realschule GM-Hütte | 05:52 |
| 29. | 409 | Stork, Nils | 1996 | m | Thomas-Morus-Schule | 05:53 |
| 30. | 8 | Aisch, Dennis | 1996 | m | GSS c/o LG Osnabrück | 06:00 |
| 31. | 435 | Uthoff, Maximilian | 1996 | m | GSS c/o LG Osnabrück | 06:07 |
| 31. | 491 | Westermeyer, Elias | 1996 | m | Sportkl, Realschule GM-Hütte | 06:07 |
| 33. | 102 | Eversmann, Lars | 1996 | m | GSS c/o LG Osnabrück | 07:07 |
| 34. | 273 | Nguyen, Andreas | 1996 | m | GSS c/o LG Osnabrück | 15:56 |

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31. Meller Crosslauf

Ergebnisliste AK Schülerinnen A+B 2.050m

| Platz | Startnr. | Name | Jahrg. | Genus | Verein | Zeit |
|------------|----------|-------------------------|--------|-------|------------------------------|-------|
| W12 | | | | | | |
| 1. | 62 | Dettmer, Chiara | 1995 | w | SV Quitt Ankum | 09:51 |
| 2. | 160 | Hinrichs, Kim Laura | 1995 | w | OSC Damme | 10:22 |
| 3. | 456 | Westerhaus, Eileen | 1995 | w | OSC Damme | 11:00 |
| 4. | 258 | Menke, Johanna | 1995 | w | SV Brackwede | 11:08 |
| 5. | 368 | Schulte, Katrin | 1995 | w | Gymnasium Melle | 11:22 |
| 6. | 531 | Kottmann, Anne-Sophie | 1995 | w | SV Quitt Ankum | 11:31 |
| 7. | 351 | Schöttler, Sarah | 1995 | w | LG Osnabrück | 11:45 |
| 8. | 484 | Teepker, Eva-Maria | 1995 | w | Gymnasium Melle | 11:50 |
| 9. | 304 | Rasche, Johanna | 1995 | w | GSS c/o LG Osnabrück | 11:58 |
| 10. | 3 | Aldenburg, Antonia | 1995 | w | Sportkl, Realschule GM-Hütte | 12:12 |
| 11. | 433 | Ungruh, Marie | 1995 | w | Sportkl, Realschule GM-Hütte | 12:25 |
| 12. | 137 | Haesler, Saskia | 1995 | w | LC Solbad Ravensberg | 12:37 |
| 13. | 205 | Knurr, Marleen | 1995 | w | GSS c/o LG Osnabrück | 13:43 |
| 14. | 60 | Cremering, Charlotte | 1995 | w | Thomas-Morus-Schule | 14:35 |
| 15. | 105 | Exner, Benita | 1995 | w | Sportkl, Realschule GM-Hütte | 17:41 |
| W13 | | | | | | |
| 1. | 104 | Ewert, Jenny | 1994 | w | LC Solbad Ravensberg | 09:34 |
| 2. | 344 | Scholz, Lena | 1994 | w | OSC Damme | 11:22 |
| 3. | 139 | Hamker, Lisa | 1994 | w | SV Brackwede | 11:34 |
| 4. | 5 | Altemeyer, Chiara-Marie | 1994 | w | Gymnasium Melle | 13:09 |
| 5. | 117 | Fricke, Lena | 1994 | w | Thomas-Morus-Schule | 13:38 |
| 6. | 189 | Keilbar, Vivien | 1994 | w | Gymnasium Melle | 14:21 |
| 7. | 455 | Wessolek, Jenni | 1994 | w | LC Solbad Ravensberg | 14:32 |
| 8. | 370 | Schulz, Vivien | 1994 | w | Sportkl, Realschule GM-Hütte | 17:42 |
| W14 | | | | | | |
| 1. | 514 | Dickob, Isabel | 1993 | w | LC Solbad Ravensberg | 09:04 |
| 2. | 71 | Dietz, Valentina | 1993 | w | SV Brackwede | 10:39 |
| 3. | 119 | Funke, Jana | 1993 | w | TV GM-Hütte | 13:45 |
| 4. | 473 | Meyer, Nadine | 1993 | w | OSC Damme | 14:08 |
| W15 | | | | | | |
| 1. | 544 | Neu, Anita | 1992 | w | ATSV Espelkamp | 09:09 |
| 2. | 467 | Zagratzki, Lisa | 1992 | w | OTB Osnabrück | 09:58 |
| 3. | 127 | Gerke, Saskia | 1992 | w | SV Brackwede | 11:07 |
| 4. | 170 | Horst, Bianka | 1992 | w | SC Melle 03 | 12:36 |

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31. Meller Crosslauf

Ergebnisliste AK Schüler A+B 2.050m

| Platz | Startnr. | Name | Jahrg. | Genus | Verein | Zeit |
|------------|----------|----------------------|--------|-------|------------------------------|-------|
| M12 | | | | | | |
| 1. | 296 | Plemper, Jonathan | 1995 | m | LG Osnabrück | 09:24 |
| 2. | 485 | Temme, Frederik | 1995 | m | bad rothenfelde | 09:32 |
| 3. | 72 | Dietz, Yannick | 1995 | m | LG Osnabrück | 10:00 |
| 4. | 280 | Ohlemüller, Simon | 1995 | m | SV Brackwede | 10:03 |
| 5. | 323 | Ruschmeier, Marcel | 1995 | m | Thomas-Morus-Schule | 10:22 |
| 6. | 114 | Flacke, Felix | 1995 | m | TV GM-Hütte | 10:24 |
| 7. | 617 | Lührmann, Tim | 1995 | m | Gymnasium Melle | 10:38 |
| 8. | 477 | Schwab, Philipp | 1995 | m | Sportkl, Realschule GM-Hütte | 11:18 |
| 9. | 209 | Köhne, Luca | 1995 | m | Sportkl, Realschule GM-Hütte | 11:24 |
| 10. | 138 | Hagedorn, Simon | 1995 | m | Sportkl, Realschule GM-Hütte | 11:49 |
| 11. | 89 | Duda, Julian | 1995 | m | TV GM-Hütte | 11:58 |
| 12. | 83 | Dombrowski, Giuliano | 1995 | m | Sportkl, Realschule GM-Hütte | 12:01 |
| 13. | 331 | Scheiter, Jan | 1995 | m | Sportkl, Realschule GM-Hütte | 12:02 |
| 14. | 225 | Kuckmeyer, Sebastian | 1995 | m | Sportkl, Realschule GM-Hütte | 12:04 |
| 15. | 128 | Giesker, Patrice | 1995 | m | Sportkl, Realschule GM-Hütte | 12:39 |
| 16. | 95 | Eilermann, Leon | 1995 | m | Sportkl, Realschule GM-Hütte | 12:52 |
| 17. | 112 | Finkemeyer, Philipp | 1995 | m | Kinderlaufftreff Vlotho | 12:57 |

M13

| | | | | | | |
|----|-----|--------------------------|------|---|------------------------------|-------|
| 1. | 534 | Radonz, Maurice | 1994 | m | ATSV Espelkamp | 08:51 |
| 2. | 172 | Horstmann, Marvin | 1994 | m | SV Quitt Ankum | 10:02 |
| 3. | 611 | Zandtke, Moritz | 1994 | m | LC Solbad Ravensberg | 10:14 |
| 4. | 306 | Recker, Lennart | 1994 | m | Sportkl, Realschule GM-Hütte | 10:40 |
| 5. | 276 | Niederniehaus, Frederick | 1994 | m | SC Melle 03 | 10:47 |
| 6. | 66 | Dierker, Dennis | 1994 | m | Sportkl, Realschule GM-Hütte | 11:03 |
| 7. | 136 | Groppe, Felix | 1994 | m | Gymnasium Melle | 11:30 |
| 8. | 597 | Bänsch, Dennis | 1994 | m | Gymnasium Melle | 11:34 |
| 9. | 260 | Mey, Justus | 1994 | m | Sportkl, Realschule GM-Hütte | 12:51 |

M14

| | | | | | | |
|----|-----|------------------|------|---|----------------|-------|
| 1. | 550 | Bachmann, Sergey | 1993 | m | ATSV Espelkamp | 08:21 |
| 2. | 14 | Bäckermann, Eric | 1993 | m | SC Melle 03 | 09:38 |

M15

| | | | | | | |
|----|-----|------------------|------|---|--------------------------------|-------|
| 1. | 515 | Päsler, Robin | 1992 | m | GS In der Wüste / LG Osnabrück | 07:41 |
| 2. | 183 | Jannot, Robin | 1992 | m | OFV Ostercappeln | 08:20 |
| 3. | 360 | Schröder, Erik | 1992 | m | Gymnasium Melle | 08:45 |
| 4. | 599 | Wedding, Rasmus | 1992 | m | SC Melle 03 | 09:09 |
| 5. | 311 | Riesberg, Pascal | 1992 | m | Tus Bad Essen | 10:47 |

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31. Meller Crosslauf

Ergebnisliste AK MJA+B und WJA+B 3.800m

| Platz | Startnr. | Name | Jahrg. | Genus | Verein | Zeit |
|-------------|----------|-------------------|--------|-------|---------------------------|-------|
| w. Jugend B | | | | | | |
| 1. | 465 | Wollherr, Tina | 1990 | w | LG Osnabrück | 17:46 |
| 2. | 215 | Koop, Alina | 1990 | w | LG Osnabrück | 17:47 |
| 3. | 656 | Möllers, Svenja | 1990 | w | SC Melle 03 | 26:44 |
| w. Jugend A | | | | | | |
| 1. | 132 | Glüsenkamp, Petra | 1988 | w | OTB Osnabrück | 18:20 |
| 2. | 155 | Hellmann, Louisa | 1989 | w | OTB Osnabrück | 19:35 |
| 3. | 39 | Bolz, Caroline | 1988 | w | OTB Osnabrück | 21:13 |
| m. Jugend B | | | | | | |
| 1. | 271 | Nauermann, Oliver | 1991 | m | TV Norden | 14:26 |
| 2. | 96 | Engelken, Julian | 1991 | m | SV Brackwede | 15:10 |
| 3. | 339 | Schmidt, Felix | 1990 | m | SV Brackwede | 15:29 |
| 4. | 75 | Dirkes, Steffen | 1990 | m | SV Eintracht Neuenkirchen | 16:26 |
| 5. | 684 | Maus, Justus | 1990 | m | LG Osnabrück | 17:46 |
| 6. | 497 | Kuk, Bernhardt | 1991 | m | OSC Damme | 17:48 |
| 7. | 292 | Pikulik, Stefan | 1991 | m | Thomas-Morus-Schule | 19:27 |
| 8. | 100 | Escher, Andre | 1991 | m | Thomas-Morus-Schule | 20:13 |
| 9. | 125 | Gedes, Christoph | 1990 | m | SV Schwagstorf | 20:15 |
| 10. | 448 | Weiß, Jan Hendrik | 1991 | m | Thomas-Morus-Schule | 24:47 |
| 11. | 157 | Herzog, Philip | 1991 | m | Thomas-Morus-Schule | 24:49 |
| 12. | 293 | Pille, Hans | 1991 | m | Thomas-Morus-Schule | 28:27 |
| m. Jugend A | | | | | | |
| 1. | 375 | Schweer, Jannek | 1988 | m | LG Osnabrück | 14:58 |
| 2. | 683 | Nikolaus, Max | 1988 | m | LG Osnabrück | 15:47 |
| 3. | 200 | Klus, Benedikt | 1989 | m | LG Osnabrück | 17:37 |

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31. Meller Crosslauf

Zieleinlaufliste Männer, Frauen+AK 3.800m

| Platz | Startnr. | Name | Jahrg. | Genus | AK | Verein | Zeit |
|-------|----------|-----------------------|--------|-------|--------|-------------------------------|-------|
| 1. | 333 | Wollherr, Maik | 1985 | m | Männer | LG Osnabrück | 13:05 |
| 2. | 532 | Keil, Axel | 1982 | m | Männer | SC Melle 03 | 13:48 |
| 3. | 330 | Scheiter, Sebastian | 1980 | m | Männer | LG Osnabrück | 13:56 |
| 4. | 230 | Kuk, Viktor | 1989 | m | m. | OSC Damme | 14:06 |
| 5. | 298 | Pohl, Ulrich | 1966 | m | M40 | OSC Damme | 14:38 |
| 6. | 539 | Köster, Jonathan | 1990 | m | m. | ATSV Espelkamp | 14:41 |
| 7. | 226 | Kuhlenschmidt, Bernd | 1986 | m | Männer | LG Osnabrück | 15:27 |
| 8. | 251 | Maschmeyer, Sebastian | 1978 | m | Männer | FC Huesede | 16:42 |
| 9. | 542 | Köster, Winfried | 1959 | m | M45 | ATSV Espelkamp | 16:45 |
| 10. | 495 | Fistarol, Marcus | 1968 | m | M35 | Team Radsport Schriewer | 17:15 |
| 11. | 320 | Ruczynski, Jürgen | 1963 | m | M40 | LG Osnabrück | 17:34 |
| 12. | 442 | Wachhorst, Philipp | 1986 | m | Männer | LG Osnabrück | 17:43 |
| 13. | 241 | Look, Ulli | 1961 | m | M45 | Gymnasium Melle | 18:04 |
| 14. | 541 | Weise, Sandra | 1979 | w | Frauen | ATSV Espelkamp | 18:19 |
| 15. | 142 | Harmeling, Marita | 1955 | w | W50 | SV Quitt Ankum | 18:22 |
| 16. | 1 | Gröne, Corinne | 1972 | w | W35 | LG Osnabrück | 18:27 |
| 17. | 6 | Arens, Manfred | 1951 | m | M55 | SC Melle 03 | 18:36 |
| 18. | 494 | Buck, Gerhard | 1956 | m | M50 | TuS Stemwede | 18:40 |
| 19. | 314 | Rolwes, Sven | 1972 | m | M35 | Osnabrücker SC | 18:55 |
| 20. | 64 | Dickob, Michael | 1961 | m | M45 | LC Solbad Ravensberg | 18:56 |
| 21. | 396 | Spiekermann, Peter | 1954 | m | M50 | SC Melle 03 | 19:00 |
| 22. | 955 | Schlattmann, Peter | 1963 | m | M40 | SC Melle 03 | 19:01 |
| 23. | 952 | Reehuis, Alfred | 1955 | m | M50 | SC Melle 03 | 19:08 |
| 24. | 201 | Knabe, Wolfgang | 1959 | m | M45 | OSC Damme | 19:20 |
| 25. | 42 | Borgmann, Ulrike | 1967 | w | W40 | GSS c/o LG Osnabrück | 19:33 |
| 26. | 267 | Mittmann, Burkhard | 1964 | m | M40 | TUS Bramsche | 20:14 |
| 27. | 479 | Seifert, Jürgen | 1958 | m | M45 | SC Melle 03 | 20:31 |
| 28. | 478 | Seelhorst, Gerhard | 1959 | m | M45 | OSC Damme | 20:47 |
| 29. | 496 | Kuk, Alexander | 1966 | m | M40 | OSC Damme | 20:48 |
| 30. | 518 | Belt, Johannes | 1952 | m | M55 | SC Melle 03 | 20:54 |
| 31. | 131 | Glüsenkamp, Friedel | 1940 | m | M65 | OTB Osnabrück | 20:55 |
| 32. | 498 | Pokar, Björn | 1955 | m | M50 | GS In der Wüste / LG | 20:57 |
| 33. | 99 | Erdmann, Annegret | 1957 | w | W50 | SC Melle 03 | 20:58 |
| 34. | 247 | Mannig, Hannes | 1951 | m | M55 | TV Bissendorf-Holte | 21:17 |
| 35. | 255 | Meier, Sandra | 1971 | w | W35 | osnabrücker sc | 21:30 |
| 36. | 285 | Papenhoff, Bruno | 1955 | m | M50 | Kinderlauftreff Vlotho | 21:33 |
| 37. | 508 | Seefeld, Karl-Heinz | 1953 | m | M50 | OLV Uslar | 21:33 |
| 38. | 359 | Schröder, Andrea | 1965 | w | W40 | LG Osnabrück | 21:39 |
| 39. | 321 | Ruczynski, Bettina | 1966 | w | W40 | LG Osnabrück | 21:40 |
| 40. | 340 | Schmidtkunz, Jürgen | 1950 | m | M55 | SC Melle 03 | 22:15 |
| 41. | 347 | Schönwald, Edmund | 1954 | m | M50 | SC Melle 03 | 22:18 |
| 42. | 583 | Hoffmann, Bernhard | 1945 | m | M60 | SC Melle 03 | 22:29 |
| 43. | 482 | Staas, Sabine | 1961 | w | W45 | SV Eintracht Neuenkirchen | 22:31 |
| 44. | 579 | Lindner, Adolf | 1956 | m | M50 | SC Melle 03 | 22:42 |
| 45. | 431 | Ungemach, Andreas | 1933 | m | M70 | TV GM-Hütte | 22:46 |
| 46. | 462 | Wilkens, Bernard | 1955 | m | M50 | OSC Damme | 22:50 |
| 47. | 124 | Gelhot, Christiane | 1956 | w | W50 | SC Melle 03 | 22:57 |
| 48. | 22 | Benter, Kay | 1960 | m | M45 | laufgemeinschaft schinkel-ost | 23:09 |
| 49. | 49 | Brockfeld, Dieter | 1935 | m | M70 | | 23:13 |
| 50. | 506 | Thiemeier, Sonja | 1981 | w | Frauen | LG Osnabrück | 23:30 |
| 51. | 97 | Englich, Christian | 1967 | m | M40 | LG Osnabrück | 23:30 |

Zieleinlaufliste Männer, Frauen+AK 3.800m

| Platz | Startnr. | Name | Jahrg. | Genus | AK | Verein | Zeit |
|-------|----------|--------------------------|--------|-------|--------|-------------------------------|-------|
| 52. | 364 | Schröder-Wottke, Clemens | 1939 | m | M65 | LG Osnabrück | 23:35 |
| 53. | 957 | Kornetzki, Werner | 1956 | m | M50 | SC Melle 03 | 23:49 |
| 54. | 24 | Berghegger, Dieter | 1946 | m | M60 | OFV Ostercappeln | 24:09 |
| 55. | 358 | Schröder, Bernd | 1965 | m | M40 | LG Osnabrück | 24:17 |
| 56. | 493 | Tiesing, Wilfried | 1951 | m | M55 | LT Heidbrake | 24:44 |
| 57. | 483 | Taubmann, Stefan | 1964 | m | M40 | LG Osnabrück | 24:50 |
| 58. | 566 | Keil, Egon | 1935 | m | M70 | SC Melle 03 | 25:29 |
| 59. | 69 | Dietz, Detlef | 1956 | m | M50 | LG Osnabrück | 25:48 |
| 60. | 388 | Siefke, Ulrich | 1959 | m | M45 | laufgemeinschaft schinkel-ost | 27:26 |
| 61. | 178 | Hylla, Sabine | 1985 | w | Frauen | Münster | 28:05 |
| 62. | 237 | Lehmann, Isabel | 1985 | w | Frauen | Münster | 28:08 |
| 63. | 504 | Donner, Andreas | 1968 | m | M35 | OSC Damme | 28:20 |
| 64. | 516 | Belt, Christel | 1954 | w | W50 | SC Melle 03 | 28:46 |
| 65. | 121 | Gehre-Dietz, Susanne | 1969 | w | W35 | LG Osnabrück | 31:01 |
| 66. | 70 | Dietz, Jürgen | 1939 | m | M65 | LG Osnabrück | 31:02 |

Anzahl: 66

31. Meller Crosslauf

Ergebnisliste AK Männer, Frauen+AK 3.800m

| Platz | Startnr. | Name | Jahrg. | Genus | Verein | Zeit |
|-------|----------|------|--------|-------|--------|------|
|-------|----------|------|--------|-------|--------|------|

Frauen

| | | | | | | |
|----|-----|------------------|------|---|----------------|-------|
| 1. | 541 | Weise, Sandra | 1979 | w | ATSV Espelkamp | 18:19 |
| 2. | 506 | Thiemeier, Sonja | 1981 | w | LG Osnabrück | 23:30 |
| 3. | 178 | Hylla, Sabine | 1985 | w | Münster | 28:05 |
| 4. | 237 | Lehmann, Isabel | 1985 | w | Münster | 28:08 |

W35

| | | | | | | |
|----|-----|----------------------|------|---|----------------|-------|
| 1. | 1 | Gröne, Corinne | 1972 | w | LG Osnabrück | 18:27 |
| 2. | 255 | Meier, Sandra | 1971 | w | osnabrücker sc | 21:30 |
| 3. | 121 | Gehre-Dietz, Susanne | 1969 | w | LG Osnabrück | 31:01 |

W40

| | | | | | | |
|----|-----|--------------------|------|---|----------------------|-------|
| 1. | 42 | Borgmann, Ulrike | 1967 | w | GSS c/o LG Osnabrück | 19:33 |
| 2. | 359 | Schröder, Andrea | 1965 | w | LG Osnabrück | 21:39 |
| 3. | 321 | Ruczynski, Bettina | 1966 | w | LG Osnabrück | 21:40 |

W45

| | | | | | | |
|----|-----|---------------|------|---|---------------------------|-------|
| 1. | 482 | Staas, Sabine | 1961 | w | SV Eintracht Neuenkirchen | 22:31 |
|----|-----|---------------|------|---|---------------------------|-------|

W50

| | | | | | | |
|----|-----|--------------------|------|---|----------------|-------|
| 1. | 142 | Harmeling, Marita | 1955 | w | SV Quitt Ankum | 18:22 |
| 2. | 99 | Erdmann, Annegret | 1957 | w | SC Melle 03 | 20:58 |
| 3. | 124 | Gelhot, Christiane | 1956 | w | SC Melle 03 | 22:57 |
| 4. | 516 | Belt, Christel | 1954 | w | SC Melle 03 | 28:46 |

m. Jugend B

| | | | | | | |
|----|-----|------------------|------|---|----------------|-------|
| 1. | 539 | Köster, Jonathan | 1990 | m | ATSV Espelkamp | 14:41 |
|----|-----|------------------|------|---|----------------|-------|

m. Jugend A

| | | | | | | |
|----|-----|-------------|------|---|-----------|-------|
| 1. | 230 | Kuk, Viktor | 1989 | m | OSC Damme | 14:06 |
|----|-----|-------------|------|---|-----------|-------|

Männer

| | | | | | | |
|----|-----|-----------------------|------|---|--------------|-------|
| 1. | 333 | Wollherr, Maik | 1985 | m | LG Osnabrück | 13:05 |
| 2. | 532 | Keil, Axel | 1982 | m | SC Melle 03 | 13:48 |
| 3. | 330 | Scheiter, Sebastian | 1980 | m | LG Osnabrück | 13:56 |
| 4. | 226 | Kuhlenschmidt, Bernd | 1986 | m | LG Osnabrück | 15:27 |
| 5. | 251 | Maschmeyer, Sebastian | 1978 | m | FC Huesede | 16:42 |
| 6. | 442 | Wachhorst, Philipp | 1986 | m | LG Osnabrück | 17:43 |

M35

| | | | | | | |
|----|-----|------------------|------|---|-------------------------|-------|
| 1. | 495 | Fistarol, Marcus | 1968 | m | Team Radsport Schriewer | 17:15 |
| 2. | 314 | Rolwes, Sven | 1972 | m | Osnabrücker SC | 18:55 |
| 3. | 504 | Donner, Andreas | 1968 | m | OSC Damme | 28:20 |

M40

| | | | | | | |
|----|-----|--------------------|------|---|--------------|-------|
| 1. | 298 | Pohl, Ulrich | 1966 | m | OSC Damme | 14:38 |
| 2. | 320 | Ruczynski, Jürgen | 1963 | m | LG Osnabrück | 17:34 |
| 3. | 955 | Schlattmann, Peter | 1963 | m | SC Melle 03 | 19:01 |
| 4. | 267 | Mittmann, Burkhard | 1964 | m | TUS Bramsche | 20:14 |
| 5. | 496 | Kuk, Alexander | 1966 | m | OSC Damme | 20:48 |
| 6. | 97 | Englich, Christian | 1967 | m | LG Osnabrück | 23:30 |
| 7. | 358 | Schröder, Bernd | 1965 | m | LG Osnabrück | 24:17 |
| 8. | 483 | Taubmann, Stefan | 1964 | m | LG Osnabrück | 24:50 |

Ergebnisliste AK Männer, Frauen+AK 3.800m

| Platz | Startnr. | Name | Jahrg. | Genus | Verein | Zeit |
|------------|----------|--------------------------|--------|-------|--------------------------------|-------|
| M45 | | | | | | |
| 1. | 542 | Köster, Winfried | 1959 | m | ATSV Espelkamp | 16:45 |
| 2. | 241 | Look, Ulli | 1961 | m | Gymnasium Melle | 18:04 |
| 3. | 64 | Dickob, Michael | 1961 | m | LC Solbad Ravensberg | 18:56 |
| 4. | 201 | Knabe, Wolfgang | 1959 | m | OSC Damme | 19:20 |
| 5. | 479 | Seifert, Jürgen | 1958 | m | SC Melle 03 | 20:31 |
| 6. | 478 | Seelhorst, Gerhard | 1959 | m | OSC Damme | 20:47 |
| 7. | 22 | Benter, Kay | 1960 | m | laufgemeinschaft schinkel-ost | 23:09 |
| 8. | 388 | Siefke, Ulrich | 1959 | m | laufgemeinschaft schinkel-ost | 27:26 |
| M50 | | | | | | |
| 1. | 494 | Buck, Gerhard | 1956 | m | TuS Stemwede | 18:40 |
| 2. | 396 | Spiekermann, Peter | 1954 | m | SC Melle 03 | 19:00 |
| 3. | 952 | Reehuis, Alfred | 1955 | m | SC Melle 03 | 19:08 |
| 4. | 498 | Pokar, Björn | 1955 | m | GS In der Wüste / LG Osnabrück | 20:57 |
| 5. | 285 | Papenhoff, Bruno | 1955 | m | Kinderlaufftreff Vlotho | 21:33 |
| 6. | 508 | Seefeld, Karl-Heinz | 1953 | m | OLV Uslar | 21:33 |
| 7. | 347 | Schönwald, Edmund | 1954 | m | SC Melle 03 | 22:18 |
| 8. | 579 | Lindner, Adolf | 1956 | m | SC Melle 03 | 22:42 |
| 9. | 462 | Wilkens, Bernard | 1955 | m | OSC Damme | 22:50 |
| 10. | 957 | Kornetzki, Werner | 1956 | m | SC Melle 03 | 23:49 |
| 11. | 69 | Dietz, Detlef | 1956 | m | LG Osnabrück | 25:48 |
| M55 | | | | | | |
| 1. | 6 | Arens, Manfred | 1951 | m | SC Melle 03 | 18:36 |
| 2. | 518 | Belt, Johannes | 1952 | m | SC Melle 03 | 20:54 |
| 3. | 247 | Mannig, Hannes | 1951 | m | TV Bissendorf-Holte | 21:17 |
| 4. | 340 | Schmidtkunz, Jürgen | 1950 | m | SC Melle 03 | 22:15 |
| 5. | 493 | Tiesing, Wilfried | 1951 | m | LT Heidbrake | 24:44 |
| M60 | | | | | | |
| 1. | 583 | Hoffmann, Bernhard | 1945 | m | SC Melle 03 | 22:29 |
| 2. | 24 | Berghegger, Dieter | 1946 | m | OFV Ostercappeln | 24:09 |
| M65 | | | | | | |
| 1. | 131 | Glüsenkamp, Friedel | 1940 | m | OTB Osnabrück | 20:55 |
| 2. | 364 | Schröder-Wottke, Clemens | 1939 | m | LG Osnabrück | 23:35 |
| 3. | 70 | Dietz, Jürgen | 1939 | m | LG Osnabrück | 31:02 |
| M70 | | | | | | |
| 1. | 431 | Ungemach, Andreas | 1933 | m | TV GM-Hütte | 22:46 |
| 2. | 49 | Brockfeld, Dieter | 1935 | m | | 23:13 |
| 3. | 566 | Keil, Egon | 1935 | m | SC Melle 03 | 25:29 |

Anzahl: 66

31. Meller Crosslauf

Zieleinlaufliste Männer, Frauen+AK 7.400m

| Platz | Startnr. | Name | Jahrg. | Genus | AK | Verein | Zeit |
|-------|----------|-------------------------|--------|-------|--------|---------------------------|-------|
| 1. | 223 | Krunka, Kamil | 1986 | m | Männer | Czech republic | 28:00 |
| 2. | 152 | Heidbreder, Thomas | 1965 | m | M40 | SV Brackwede | 28:33 |
| 3. | 451 | Wellensiek, Wolfgang | 1972 | m | M35 | SV Brackwede | 29:51 |
| 4. | 2 | Assmann, Ingo | 1979 | m | Männer | SC Melle 03 | 30:06 |
| 5. | 202 | Knappeide, Mark | 1979 | m | Männer | LG Osnabrück | 30:16 |
| 6. | 647 | Breeck, Christian | 1958 | m | M45 | SC Melle 03 | 30:30 |
| 7. | 179 | Igelbrink, Hans-Peter | 1963 | m | M40 | TV GM-Hütte | 30:54 |
| 8. | 691 | Ewert, Andras | 1963 | m | M40 | LC Solbad Ravensberg | 30:58 |
| 9. | 443 | Wagenfeld, Ralf | 1970 | m | M35 | ATSV Espelkamp | 31:27 |
| 10. | 236 | Last, Stefan | 1967 | m | M40 | SC Melle 03 | 32:20 |
| 11. | 382 | Seker, Ferit | 1969 | m | M35 | TV GM-Hütte | 32:42 |
| 12. | 65 | Diekmann, Sebastian | 1976 | m | M30 | SC Melle 03 | 32:44 |
| 13. | 675 | Da Vinci, Bruno | 1965 | m | M40 | SC Melle 03 | 32:47 |
| 14. | 655 | Vogt, Christian | 1974 | m | M30 | TuS Bersenbrück | 32:59 |
| 15. | 645 | Krone, Stephan | 1965 | m | M40 | TV Bissendorf-Holte | 33:01 |
| 16. | 389 | Siekmeier, Uwe | 1960 | m | M45 | TRI Team TUS Engter | 33:06 |
| 17. | 425 | Tischler, Jörg | 1969 | m | M35 | SC Herringhausen | 33:07 |
| 18. | 408 | Stockmann, Ulrich | 1961 | m | M45 | ATSV Espelkamp | 33:16 |
| 19. | 252 | Maschmeyer, Sebastian | 1978 | m | Männer | FC Huesede | 33:22 |
| 20. | 434 | Urner, Maren | 1984 | w | Frauen | LG Osnabrück | 33:23 |
| 21. | 210 | Köhne, Manuela | 1965 | w | W40 | LG Osnabrück | 33:41 |
| 22. | 35 | Bocern, Marcos | 1972 | m | M35 | Osnabrück | 33:48 |
| 23. | 348 | Schoolmann, Ralf | 1965 | m | M40 | TV Norden | 33:50 |
| 24. | 308 | Reichelt, Thorsten | 1966 | m | M40 | SC Herringhausen | 33:54 |
| 25. | 90 | Duda, Ingo | 1969 | m | M35 | TV GM-Hütte | 33:57 |
| 26. | 689 | Maag, Theodor | 1964 | m | M40 | Grün-Weiß Steinbeck | 34:02 |
| 27. | 145 | Haskamp, Clemens | 1955 | m | M50 | VFL Kloster Oesede | 34:04 |
| 28. | 244 | Lundström, Sven | 1968 | m | M35 | Borgholzhausen | 34:08 |
| 29. | 239 | Limberg, Tobias | 1979 | m | Männer | LC Solbad Ravensberg | 34:11 |
| 30. | 552 | Frankenberg, Richard | 1968 | m | M35 | TV GM-Hütte | 34:14 |
| 31. | 600 | Horst, Niklas | 1991 | m | m. | Gymnasium Melle | 34:30 |
| 32. | 101 | Euscher, Wolfgang | 1958 | m | M45 | LC Solbad Ravensberg | 34:39 |
| 33. | 59 | Chriske, Elmar | 1975 | m | M30 | LG Osnabrück | 34:50 |
| 34. | 429 | Tüxen, Thomas | 1977 | m | M30 | VfL Bückeburg | 35:08 |
| 35. | 315 | Romdane-Hebbe, Rene | 1967 | m | M40 | SC Melle 03 | 35:12 |
| 36. | 446 | Weihmann, Thomas | 1960 | m | M45 | Osnabrück | 35:18 |
| 37. | 702 | Althaus, Thomas | 1957 | m | M50 | SC Melle 03 | 35:21 |
| 38. | 626 | Jungnickel, Jana | 1979 | w | Frauen | LG Osnabrück | 35:25 |
| 39. | 695 | Tschorn, Axel | 1962 | m | M45 | SC Melle 03 | 35:29 |
| 40. | 596 | Schulte, Stefan | 1959 | m | M45 | SC Melle 03 | 35:40 |
| 41. | 685 | Bode, Peter | 1965 | m | M40 | SC Melle 03 | 35:47 |
| 42. | 403 | Steinbreder, Klaus | 1963 | m | M40 | SC Melle 03 | 35:49 |
| 43. | 476 | Schwarte, Dieter | 1964 | m | M40 | LT.Engel-Quakenbrück | 35:50 |
| 44. | 696 | Engels, Kai | 1968 | m | M35 | LC Solbad Ravensberg | 35:59 |
| 45. | 177 | Hüpel, Horst | 1960 | m | M45 | | 36:06 |
| 46. | 958 | Otto, Daniel | 1973 | m | M30 | SC Melle 03 | 36:20 |
| 47. | 76 | Dirkes, Franz-Josef | 1959 | m | M45 | SV Eintracht Neuenkirchen | 36:32 |
| 48. | 415 | Taube, Siegfried | 1963 | m | M40 | SC Melle 03 | 36:55 |
| 49. | 272 | Naumann, Carsten | 1968 | m | M35 | LG Osnabrück | 37:08 |
| 50. | 405 | Stibale, Rainer | 1960 | m | M45 | SV Schwagstorf | 37:13 |
| 51. | 660 | In der Stroth, Reinhard | 1951 | m | M55 | OTB Osnabrück | 37:16 |

Zieleinlaufliste Männer, Frauen+AK 7.400m

| Platz | Startnr. | Name | Jahrg. | Genus | AK | Verein | Zeit |
|-------|----------|-------------------------|--------|-------|--------|-------------------------|-------|
| 52. | 300 | Pulsfort, Günter | 1962 | m | M45 | SV Schwagstorf | 37:26 |
| 53. | 21 | Begert, Sascha | 1975 | m | M30 | Ballsport Eversburg | 37:30 |
| 54. | 687 | Bitter, Anja | 1969 | w | W35 | SC Melle 03 | 37:39 |
| 55. | 654 | Schlonski, Walter | 1945 | m | M60 | SC Melle 03 | 37:49 |
| 56. | 461 | Wiehemeyer, Henning | 1986 | m | Männer | SC Melle 03 | 37:55 |
| 57. | 678 | Reehuis, Ole | 1991 | m | m. | Gymnasium Melle | 38:01 |
| 58. | 386 | Siebert, Ralph | 1960 | m | M45 | SV Schwagstorf | 38:04 |
| 59. | 698 | Engels, Sabine | 1968 | w | W35 | LC Solbad Ravensberg | 38:07 |
| 60. | 259 | Mergelmeyer, Hans-Bernd | 1966 | m | M40 | TuS Borgloh | 38:12 |
| 61. | 587 | Müller, Christian | 1967 | m | M40 | BSG Neue Westfälische | 38:36 |
| 62. | 713 | Bühmann, Dieter | 1975 | m | M30 | OSC Osnabrück LKG | 38:40 |
| 63. | 242 | Look, Ulli | 1961 | m | M45 | Gymnasium Melle | 38:46 |
| 64. | 362 | Schröder, Karsten | 1964 | m | M40 | | 38:52 |
| 65. | 337 | Schluchter, Thomas | 1972 | m | M35 | Lauftreff Merzen | 38:56 |
| 66. | 284 | Pagel, Joachim | 1969 | m | M35 | Lauftreff Rieste | 38:56 |
| 67. | 395 | Speller, Oliver | 1972 | m | M35 | LG Osnabrück | 39:00 |
| 68. | 234 | Landwehr, Ulrich | 1962 | m | M45 | OSC Osnabrück LKG | 39:05 |
| 69. | 349 | Schoster, Carsten | 1971 | m | M35 | SC Melle 03 | 39:06 |
| 70. | 7 | Arens, Manfred | 1951 | m | M55 | SC Melle 03 | 39:07 |
| 71. | 118 | Friedrich, Karsten | 1970 | m | M35 | BW Schinkel | 39:09 |
| 72. | 10 | Auf dem Kampe, Bernhard | 1968 | m | M35 | | 39:11 |
| 73. | 452 | Wenke, Maik | 1972 | m | M35 | SC Melle 03 | 39:16 |
| 74. | 86 | Dreßler, Carsten | 1969 | m | M35 | RRG Osnabrück | 39:36 |
| 75. | 336 | Schimmel, Stefan | 1969 | m | M35 | TSV Westerhausen | 39:42 |
| 76. | 190 | Kempe, Matthias | 1976 | m | M30 | | 39:44 |
| 77. | 699 | Wend, Andreas | 1961 | m | M45 | LC Solbad Ravensberg | 39:46 |
| 78. | 686 | Bleek, Klaus | 1965 | m | M40 | LT Merzen | 39:55 |
| 79. | 706 | Scheppmann, Frank | 1967 | m | M40 | SV Schwagstorf | 40:10 |
| 80. | 153 | Heile, Stefan | 1967 | m | M40 | | 40:18 |
| 81. | 701 | Kohlmeyer, Patrick | 1990 | m | m. | SuS Vehrte | 40:19 |
| 82. | 52 | Krömker, Lars | 1991 | m | m. | SC Melle 03 | 40:20 |
| 83. | 714 | Brinkmann, Markus | 1968 | m | M35 | SC Melle 03 | 40:21 |
| 84. | 954 | WIlken, Herbert | 1943 | m | M60 | SC Melle 03 | 40:23 |
| 85. | 113 | Fischer, Heinz | 1949 | m | M55 | Bramscher Rumläufer | 40:30 |
| 86. | 411 | Strehlau, Eckehard | 1947 | m | M60 | Osnabrück | 40:30 |
| 87. | 129 | Glasow, Peter | 1957 | m | M50 | SC Melle 03 | 40:34 |
| 88. | 81 | Dittmer, Martin | 1964 | m | M40 | OSC Osnabrück LKG | 40:36 |
| 89. | 282 | Ortkras, Stefan | 1960 | m | M45 | LG Osnabrück | 40:37 |
| 90. | 204 | Knollmeyer, Thomas | 1963 | m | M40 | TV GM-Hütte | 40:40 |
| 91. | 158 | Heuer, Manfred | 1961 | m | M45 | Osnabrück | 40:46 |
| 92. | 58 | Chatterjea, Indro | 1960 | m | M45 | BSG Schüco | 41:03 |
| 93. | 377 | Schwieger, David | 1992 | m | M15 | Gymnasium melle | 41:07 |
| 94. | 710 | Schwieger, Dietmar | 1959 | m | M45 | TMZ Altgandersheim | 41:07 |
| 95. | 147 | Hausfeld, Bernardt | 1963 | m | M40 | OSC Damme | 41:10 |
| 96. | 207 | Koch, Achim | 1962 | m | M45 | GSS c/o LG Osnabrück | 41:18 |
| 97. | 233 | Kurre, Manfred | 1960 | m | M45 | Bramscher Rumläufer | 41:20 |
| 98. | 953 | Reehuis, Alfred | 1955 | m | M50 | SC Melle 03 | 41:30 |
| 99. | 94 | Ehrlich, Markus | 1970 | m | M35 | IDAA Osnabrück | 41:36 |
| 100. | 130 | Gleißmann, André | 1970 | m | M35 | LT Waldschleicher Lohne | 41:44 |
| 101. | 426 | Koch, Torsten | 1959 | m | M45 | AQUA u. AKTIV | 41:50 |
| 102. | 390 | Siepelmeier, Tobias | 1976 | m | M30 | | 41:56 |
| 103. | 397 | Spiekermann, Peter | 1954 | m | M50 | SC Melle 03 | 41:57 |
| 104. | 256 | Meier, Martin | 1965 | m | M40 | SC Melle 03 | 42:00 |

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| Platz | Startnr. | Name | Jahrg. | Genus | AK | Verein | Zeit |
|-------|----------|--------------------------|--------|-------|--------|---------------------------|-------|
| 105. | 428 | Trentmann, Werner | 1955 | m | M50 | SV Schwagstorf | 42:01 |
| 106. | 277 | Niehaus, Hildegard | 1961 | w | W45 | Gymnasium Melle | 42:03 |
| 107. | 694 | Schönwald, Michael | 1983 | m | Männer | SC Melle 03 | 42:06 |
| 108. | 151 | Hebbe, Katja | 1975 | w | W30 | SC Melle 03 | 42:08 |
| 109. | 191 | Kemper, Siegfried | 1954 | m | M50 | LC Solbad Ravensberg | 42:11 |
| 110. | 457 | Westerhaus, Frank | 1968 | m | M35 | LT Lauland Damme | 42:18 |
| 111. | 488 | Tepe, Ralf | 1975 | m | M30 | VFR Voxtrup | 42:25 |
| 112. | 414 | Striethorst, Martin | 1965 | m | M40 | Georgsmarienhütte | 42:33 |
| 113. | 643 | Känner, Oliver | 1980 | m | Männer | ohne | 42:39 |
| 114. | 468 | Zimmermann, Michael | 1958 | m | M45 | Grün-Weiß Steinbeck | 42:44 |
| 115. | 708 | Glasmeyer, Klaus | 1955 | m | M50 | Spvg Niedermark | 42:45 |
| 116. | 447 | Weimer, Claus | 1959 | m | M45 | TV GM-Hütte | 42:47 |
| 117. | 688 | Meyer, Petra | 1966 | w | W40 | Grün-Weiß Steinbeck | 42:48 |
| 118. | 197 | Klumpe, Stefan | 1970 | m | M35 | SV Schwagstorf | 42:49 |
| 119. | 34 | Boberg, Friedel | 1948 | m | M55 | BSV-Holzhausen | 42:51 |
| 120. | 697 | Kampmann, Jens | 1977 | m | M30 | Tri-Run-Ibbenbüren | 42:58 |
| 121. | 475 | Seifert, Jürgen | 1958 | m | M45 | SC Melle 03 | 43:05 |
| 122. | 164 | Hoffmann, Wilfried | 1949 | m | M55 | SV Schwagstorf | 43:10 |
| 123. | 195 | Klöpperpieper, Andreas | 1961 | m | M45 | Schwimm Club Osnabrück 04 | 43:14 |
| 124. | 672 | Reibeholz, Jörg | 1967 | m | M40 | SC Melle 03 | 43:22 |
| 125. | 169 | Hornung, Mathias | 1956 | m | M50 | TV Bissendorf-Holte | 43:25 |
| 126. | 166 | Höger, Andreas | 1968 | m | M35 | Grün-Weiß Steinbeck | 43:29 |
| 127. | 671 | Hömmen, Martin | 1962 | m | M45 | Dreckspatzen | 43:37 |
| 128. | 658 | Gausmann, Klaus | 1961 | m | M45 | ohne | 43:49 |
| 129. | 44 | Bösemann-Bergsieker, | 1963 | m | M40 | | 44:05 |
| 130. | 449 | Weith, Beate | 1959 | w | W45 | tri team dissen | 44:11 |
| 131. | 38 | Bockrath, Frank | 1967 | m | M40 | LG Osnabrück | 44:20 |
| 132. | 329 | Schawe, Hedwig | 1961 | w | W45 | OFV Ostercappeln | 44:25 |
| 133. | 111 | Gerdes, Klaus | 1965 | m | M40 | SV Schwagstorf | 44:28 |
| 134. | 133 | Glüsenkamp, Friedel | 1940 | m | M65 | OTB Osnabrück | 44:38 |
| 135. | 407 | Stieglbauer, Fred | 1945 | m | M60 | Lauftreff Bad Essen | 44:47 |
| 136. | 41 | Bordihn, Cindy | 1973 | w | W30 | SC Melle 03 | 45:01 |
| 137. | 281 | Opitz, Thorsten | 1966 | m | M40 | SC Melle 03 | 45:19 |
| 138. | 163 | Hinteresch, Thomas | 1963 | m | M40 | 10aRunner | 45:35 |
| 139. | 404 | Stermann, Theresia | 1967 | w | W40 | Grün-Weiß Steinbeck | 46:11 |
| 140. | 670 | Eggert, Carsten | 1980 | m | Männer | DJK Arminia Ibbenbüren | 46:11 |
| 141. | 123 | Geise, Hans-Georg | 1968 | m | M35 | SC Melle 03 | 46:17 |
| 142. | 248 | Mannig, Hannes | 1951 | m | M55 | TV Bissendorf-Holte | 46:22 |
| 143. | 674 | Eser, Günter | 1939 | m | M65 | SC Melle 03 | 46:37 |
| 144. | 668 | Berghaus, Susanne | 1978 | w | Frauen | Marathon Ibbenbüren | 46:46 |
| 145. | 322 | Ruczynski, Bettina | 1966 | w | W40 | LG Osnabrück | 46:47 |
| 146. | 243 | Lübbert zur Lage, Robert | 1965 | m | M40 | Bramsche | 46:55 |
| 147. | 662 | Korth, Bettina | 1962 | w | W45 | Randringhauser | 47:02 |
| 148. | 432 | Ungemach, Andreas | 1933 | m | M70 | TV GM-Hütte | 47:06 |
| 149. | 363 | Schröder, Andrea | 1965 | w | W40 | LG Osnabrück | 47:23 |
| 150. | 257 | Meier, Sandra | 1971 | w | W35 | Osnabrücker SC | 47:44 |
| 151. | 43 | Borkowski, Tanja | 1978 | w | Frauen | LG Osnabrück | 48:54 |
| 152. | 61 | Daniel, Wolf-Dieter | 1942 | m | M65 | SV Eintracht Neuenkirchen | 49:00 |
| 153. | 530 | Oldemeier, Uta | 1960 | w | W45 | SC Melle 03 | 49:40 |
| 154. | 624 | Kuper, Klaus | 1939 | m | M65 | Belm | 49:46 |
| 155. | 667 | Schmidt, Peter | 1968 | m | M35 | SV Eintracht Neuenkirchen | 49:54 |
| 156. | 338 | Schlüter, Ewald | 1931 | m | M75 | SC Melle 03 | 50:09 |
| 157. | 700 | Bode, Veronika | 1955 | w | W50 | SuS Vehrte | 50:22 |

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| Platz | Startnr. | Name | Jahrg. | Genus | AK | Verein | Zeit |
|-------|----------|--------------------------|--------|-------|--------|----------------------|-------|
| 158. | 387 | Siebert, Ingrid | 1960 | w | W45 | SV Schwagstorf | 50:37 |
| 159. | 25 | Berghegger, Dieter | 1946 | m | M60 | OFV Ostercappeln | 52:43 |
| 160. | 365 | Schröder-Wottke, Clemens | 1939 | m | M65 | LG Osnabrück | 52:56 |
| 161. | 192 | Kemper, Katharina | 1985 | w | Frauen | LC Solbad Ravensberg | 53:39 |

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31. Meller Crosslauf

Ergebnisliste AK Männer, Frauen+AK 7.400m

| Platz | Startnr. | Name | Jahrg. | Genus | Verein | Zeit |
|--------------------|----------|-----------------------|--------|-------|------------------------------|-------|
| Frauen | | | | | | |
| 1. | 434 | Urner, Maren | 1984 | w | LG Osnabrück | 33:23 |
| 2. | 626 | Jungnickel, Jana | 1979 | w | LG Osnabrück | 35:25 |
| 3. | 668 | Berghaus, Susanne | 1978 | w | Marathon Ibbenbüren | 46:46 |
| 4. | 43 | Borkowski, Tanja | 1978 | w | LG Osnabrück | 48:54 |
| 5. | 192 | Kemper, Katharina | 1985 | w | LC Solbad Ravensberg | 53:39 |
| W30 | | | | | | |
| 1. | 151 | Hebbe, Katja | 1975 | w | SC Melle 03 | 42:08 |
| 2. | 41 | Bordihn, Cindy | 1973 | w | SC Melle 03 | 45:01 |
| W35 | | | | | | |
| 1. | 687 | Bitter, Anja | 1969 | w | SC Melle 03 | 37:39 |
| 2. | 698 | Engels, Sabine | 1968 | w | LC Solbad Ravensberg | 38:07 |
| 3. | 257 | Meier, Sandra | 1971 | w | Osnabrücker SC | 47:44 |
| W40 | | | | | | |
| 1. | 210 | Köhne, Manuela | 1965 | w | LG Osnabrück | 33:41 |
| 2. | 688 | Meyer, Petra | 1966 | w | Grün-Weiß Steinbeck | 42:48 |
| 3. | 404 | Stermann, Theresia | 1967 | w | Grün-Weiß Steinbeck | 46:11 |
| 4. | 322 | Ruczynski, Bettina | 1966 | w | LG Osnabrück | 46:47 |
| 5. | 363 | Schröder, Andrea | 1965 | w | LG Osnabrück | 47:23 |
| W45 | | | | | | |
| 1. | 277 | Niehaus, Hildegard | 1961 | w | Gymnasium Melle | 42:03 |
| 2. | 449 | Weith, Beate | 1959 | w | tri team dissen | 44:11 |
| 3. | 329 | Schawe, Hedwig | 1961 | w | OFV Ostercappeln | 44:25 |
| 4. | 662 | Korth, Bettina | 1962 | w | Randringhauser Rennschnecken | 47:02 |
| 5. | 530 | Oldemeier, Uta | 1960 | w | SC Melle 03 | 49:40 |
| 6. | 387 | Siebert, Ingrid | 1960 | w | SV Schwagstorf | 50:37 |
| W50 | | | | | | |
| 1. | 700 | Bode, Veronika | 1955 | w | SuS Vehrte | 50:22 |
| M15 | | | | | | |
| 1. | 377 | Schwieger, David | 1992 | m | Gymnasium melle | 41:07 |
| m. Jugend B | | | | | | |
| 1. | 600 | Horst, Niklas | 1991 | m | Gymnasium Melle | 34:30 |
| 2. | 678 | Reehuis, Ole | 1991 | m | Gymnasium Melle | 38:01 |
| 3. | 701 | Kohlmeyer, Patrick | 1990 | m | SuS Vehrte | 40:19 |
| 4. | 52 | Krömker, Lars | 1991 | m | SC Melle 03 | 40:20 |
| Männer | | | | | | |
| 1. | 223 | Krunka, Kamil | 1986 | m | Czech republic | 28:00 |
| 2. | 2 | Assmann, Ingo | 1979 | m | SC Melle 03 | 30:06 |
| 3. | 202 | Knappeide, Mark | 1979 | m | LG Osnabrück | 30:16 |
| 4. | 252 | Maschmeyer, Sebastian | 1978 | m | FC Huesede | 33:22 |
| 5. | 239 | Limberg, Tobias | 1979 | m | LC Solbad Ravensberg | 34:11 |
| 6. | 461 | Wiehemeyer, Henning | 1986 | m | SC Melle 03 | 37:55 |
| 7. | 694 | Schönwald, Michael | 1983 | m | SC Melle 03 | 42:06 |
| 8. | 643 | Känner, Oliver | 1980 | m | ohne | 42:39 |
| 9. | 670 | Eggert, Carsten | 1980 | m | DJK Arminia Ibbenbüren | 46:11 |

Ergebnisliste AK Männer, Frauen+AK 7.400m

| Platz | Startnr. | Name | Jahrg. | Genus | Verein | Zeit |
|------------|----------|-------------------------|--------|-------|---------------------------|-------|
| M30 | | | | | | |
| 1. | 65 | Diekmann, Sebastian | 1976 | m | SC Melle 03 | 32:44 |
| 2. | 655 | Vogt, Christian | 1974 | m | TuS Bersenbrück | 32:59 |
| 3. | 59 | Chriske, Elmar | 1975 | m | LG Osnabrück | 34:50 |
| 4. | 429 | Tüxen, Thomas | 1977 | m | VfL Bückeburg | 35:08 |
| 5. | 958 | Otto, Daniel | 1973 | m | SC Melle 03 | 36:20 |
| 6. | 21 | Begert, Sascha | 1975 | m | Ballsport Eversburg | 37:30 |
| 7. | 713 | Bühmann, Dieter | 1975 | m | OSC Osnabrück LKG | 38:40 |
| 8. | 190 | Kempe, Matthias | 1976 | m | | 39:44 |
| 9. | 390 | Siepelmeier, Tobias | 1976 | m | | 41:56 |
| 10. | 488 | Tepe, Ralf | 1975 | m | VFR Voxtrup | 42:25 |
| 11. | 697 | Kampmann, Jens | 1977 | m | Tri-Run-Ibbenbüren | 42:58 |
| M35 | | | | | | |
| 1. | 451 | Wellensiek, Wolfgang | 1972 | m | SV Brackwede | 29:51 |
| 2. | 443 | Wagenfeld, Ralf | 1970 | m | ATSV Espelkamp | 31:27 |
| 3. | 382 | Seker, Ferit | 1969 | m | TV GM-Hütte | 32:42 |
| 4. | 425 | Tischler, Jörg | 1969 | m | SC Herringhausen | 33:07 |
| 5. | 35 | Bocern, Marcos | 1972 | m | Osnabrück | 33:48 |
| 6. | 90 | Duda, Ingo | 1969 | m | TV GM-Hütte | 33:57 |
| 7. | 244 | Lundström, Sven | 1968 | m | Borgholzhausen | 34:08 |
| 8. | 552 | Frankenberg, Richard | 1968 | m | TV GM-Hütte | 34:14 |
| 9. | 696 | Engels, Kai | 1968 | m | LC Solbad Ravensberg | 35:59 |
| 10. | 272 | Naumann, Carsten | 1968 | m | LG Osnabrück | 37:08 |
| 11. | 337 | Schluchter, Thomas | 1972 | m | Laufftreff Merzen | 38:56 |
| 12. | 284 | Pagel, Joachim | 1969 | m | Laufftreff Rieste | 38:56 |
| 13. | 395 | Speller, Oliver | 1972 | m | LG Osnabrück | 39:00 |
| 14. | 349 | Schoster, Carsten | 1971 | m | SC Melle 03 | 39:06 |
| 15. | 118 | Friedrich, Karsten | 1970 | m | BW Schinkel | 39:09 |
| 16. | 10 | Auf dem Kampe, Bernhard | 1968 | m | | 39:11 |
| 17. | 452 | Wenke, Maik | 1972 | m | SC Melle 03 | 39:16 |
| 18. | 86 | Dreißler, Carsten | 1969 | m | RRG Osnabrück | 39:36 |
| 19. | 336 | Schimmel, Stefan | 1969 | m | TSV Westerhausen | 39:42 |
| 20. | 714 | Brinkmann, Markus | 1968 | m | SC Melle 03 | 40:21 |
| 21. | 94 | Ehrlich, Markus | 1970 | m | IDAA Osnabrück | 41:36 |
| 22. | 130 | Gleißmann, André | 1970 | m | LT Waldschleicher Lohne | 41:44 |
| 23. | 457 | Westerhaus, Frank | 1968 | m | LT Lauland Damme | 42:18 |
| 24. | 197 | Klumpe, Stefan | 1970 | m | SV Schwagstorf | 42:49 |
| 25. | 166 | Höger, Andreas | 1968 | m | Grün-Weiß Steinbeck | 43:29 |
| 26. | 123 | Geise, Hans-Georg | 1968 | m | SC Melle 03 | 46:17 |
| 27. | 667 | Schmidt, Peter | 1968 | m | SV Eintracht Neuenkirchen | 49:54 |
| M40 | | | | | | |
| 1. | 152 | Heidbreder, Thomas | 1965 | m | SV Brackwede | 28:33 |
| 2. | 179 | Igelbrink, Hans-Peter | 1963 | m | TV GM-Hütte | 30:54 |
| 3. | 691 | Ewert, Andras | 1963 | m | LC Solbad Ravensberg | 30:58 |
| 4. | 236 | Last, Stefan | 1967 | m | SC Melle 03 | 32:20 |
| 5. | 675 | Da Vinci, Bruno | 1965 | m | SC Melle 03 | 32:47 |
| 6. | 645 | Krone, Stephan | 1965 | m | TV Bissendorf-Holte | 33:01 |
| 7. | 348 | Schoolmann, Ralf | 1965 | m | TV Norden | 33:50 |
| 8. | 308 | Reichelt, Thorsten | 1966 | m | SC Herringhausen | 33:54 |
| 9. | 689 | Maag, Theodor | 1964 | m | Grün-Weiß Steinbeck | 34:02 |
| 10. | 315 | Romdane-Hebbe, Rene | 1967 | m | SC Melle 03 | 35:12 |

Ergebnisliste AK Männer, Frauen+AK 7.400m

| Platz | Startnr. | Name | Jahrg. | Genus | Verein | Zeit |
|-------|----------|------------------------------|--------|-------|-----------------------|-------|
| 11. | 685 | Bode, Peter | 1965 | m | SC Melle 03 | 35:47 |
| 12. | 403 | Steinbreder, Klaus | 1963 | m | SC Melle 03 | 35:49 |
| 13. | 476 | Schwarte, Dieter | 1964 | m | LT.Engel-Quakenbrück | 35:50 |
| 14. | 415 | Taube, Siegfried | 1963 | m | SC Melle 03 | 36:55 |
| 15. | 259 | Mergelmeyer, Hans-Bernd | 1966 | m | TuS Borgloh | 38:12 |
| 16. | 587 | Müller, Christian | 1967 | m | BSG Neue Westfälische | 38:36 |
| 17. | 362 | Schröder, Karsten | 1964 | m | | 38:52 |
| 18. | 686 | Bleek, Klaus | 1965 | m | LT Merzen | 39:55 |
| 19. | 706 | Scheppmann, Frank | 1967 | m | SV Schwagstorf | 40:10 |
| 20. | 153 | Heile, Stefan | 1967 | m | | 40:18 |
| 21. | 81 | Dittmer, Martin | 1964 | m | OSC Osnabrück LKG | 40:36 |
| 22. | 204 | Knollmeyer, Thomas | 1963 | m | TV GM-Hütte | 40:40 |
| 23. | 147 | Hausfeld, Bernardt | 1963 | m | OSC Damme | 41:10 |
| 24. | 256 | Meier, Martin | 1965 | m | SC Melle 03 | 42:00 |
| 25. | 414 | Striethorst, Martin | 1965 | m | Georgsmarienhütte | 42:33 |
| 26. | 672 | Reibeholz, Jörg | 1967 | m | SC Melle 03 | 43:22 |
| 27. | 44 | Bösemann-Bergsieker, Hartmut | 1963 | m | | 44:05 |
| 28. | 38 | Bockrath, Frank | 1967 | m | LG Osnabrück | 44:20 |
| 29. | 111 | Gerdes, Klaus | 1965 | m | SV Schwagstorf | 44:28 |
| 30. | 281 | Opitz, Thorsten | 1966 | m | SC Melle 03 | 45:19 |
| 31. | 163 | Hinternesch, Thomas | 1963 | m | 10aRunner | 45:35 |
| 32. | 243 | Lübbert zur Lage, Robert | 1965 | m | Bramsche | 46:55 |

M45

| | | | | | | |
|-----|-----|------------------------|------|---|---------------------------|-------|
| 1. | 647 | Breeck, Christian | 1958 | m | SC Melle 03 | 30:30 |
| 2. | 389 | Siekmeyer, Uwe | 1960 | m | TRI Team TUS Engter | 33:06 |
| 3. | 408 | Stockmann, Ulrich | 1961 | m | ATSV Espelkamp | 33:16 |
| 4. | 101 | Euscher, Wolfgang | 1958 | m | LC Solbad Ravensberg | 34:39 |
| 5. | 446 | Weihmann, Thomas | 1960 | m | Osnabrück | 35:18 |
| 6. | 695 | Tschorn, Axel | 1962 | m | SC Melle 03 | 35:29 |
| 7. | 596 | Schulte, Stefan | 1959 | m | SC Melle 03 | 35:40 |
| 8. | 177 | Hüpel, Horst | 1960 | m | | 36:06 |
| 9. | 76 | Dirkes, Franz-Josef | 1959 | m | SV Eintracht Neuenkirchen | 36:32 |
| 10. | 405 | Stibale, Rainer | 1960 | m | SV Schwagstorf | 37:13 |
| 11. | 300 | Pulsfort, Günter | 1962 | m | SV Schwagstorf | 37:26 |
| 12. | 386 | Siebert, Ralph | 1960 | m | SV Schwagstorf | 38:04 |
| 13. | 242 | Look, Ulli | 1961 | m | Gymnasium Melle | 38:46 |
| 14. | 234 | Landwehr, Ulrich | 1962 | m | OSC Osnabrück LKG | 39:05 |
| 15. | 699 | Wend, Andreas | 1961 | m | LC Solbad Ravensberg | 39:46 |
| 16. | 282 | Ortkras, Stefan | 1960 | m | LG Osnabrück | 40:37 |
| 17. | 158 | Heuer, Manfred | 1961 | m | Osnabrück | 40:46 |
| 18. | 58 | Chatterjea, Indro | 1960 | m | BSG Schüco | 41:03 |
| 19. | 710 | Schwieger, Dietmar | 1959 | m | TMZ Altgandersheim | 41:07 |
| 20. | 207 | Koch, Achim | 1962 | m | GSS c/o LG Osnabrück | 41:18 |
| 21. | 233 | Kurre, Manfred | 1960 | m | Bramscher Rumläufer | 41:20 |
| 22. | 426 | Koch, Torsten | 1959 | m | AQUA u. AKTIV | 41:50 |
| 23. | 468 | Zimmermann, Michael | 1958 | m | Grün-Weiß Steinbeck | 42:44 |
| 24. | 447 | Weimer, Claus | 1959 | m | TV GM-Hütte | 42:47 |
| 25. | 475 | Seifert, Jürgen | 1958 | m | SC Melle 03 | 43:05 |
| 26. | 195 | Klöpperpieper, Andreas | 1961 | m | Schwimm Club Osnabrück 04 | 43:14 |
| 27. | 671 | Hömmen, Martin | 1962 | m | Dreckspatzen | 43:37 |
| 28. | 658 | Gausmann, Klaus | 1961 | m | ohne | 43:49 |

Ergebnisliste AK Männer, Frauen+AK 7.400m

| Platz | Startnr. | Name | Jahrg. | Genus | Verein | Zeit |
|------------|----------|--------------------------|--------|-------|---------------------------|-------|
| M50 | | | | | | |
| 1. | 145 | Haskamp, Clemens | 1955 | m | VFL Kloster Oesede | 34:04 |
| 2. | 702 | Althaus, Thomas | 1957 | m | SC Melle 03 | 35:21 |
| 3. | 129 | Glasow, Peter | 1957 | m | SC Melle 03 | 40:34 |
| 4. | 953 | Reehuis, Alfred | 1955 | m | SC Melle 03 | 41:30 |
| 5. | 397 | Spiekermann, Peter | 1954 | m | SC Melle 03 | 41:57 |
| 6. | 428 | Trentmann, Werner | 1955 | m | SV Schwagstorf | 42:01 |
| 7. | 191 | Kemper, Siegfried | 1954 | m | LC Solbad Ravensberg | 42:11 |
| 8. | 708 | Glasmeier, Klaus | 1955 | m | Spvg Niedermark | 42:45 |
| 9. | 169 | Hornung, Mathias | 1956 | m | TV Bissendorf-Holte | 43:25 |
| M55 | | | | | | |
| 1. | 660 | In der Stroth, Reinhard | 1951 | m | OTB Osnabrück | 37:16 |
| 2. | 7 | Arens, Manfred | 1951 | m | SC Melle 03 | 39:07 |
| 3. | 113 | Fischer, Heinz | 1949 | m | Bramscher Rumläufer | 40:30 |
| 4. | 34 | Boberg, Friedel | 1948 | m | BSV-Holzhausen | 42:51 |
| 5. | 164 | Hoffmann, Wilfried | 1949 | m | SV Schwagstorf | 43:10 |
| 6. | 248 | Mannig, Hannes | 1951 | m | TV Bissendorf-Holte | 46:22 |
| M60 | | | | | | |
| 1. | 654 | Schlonski, Walter | 1945 | m | SC Melle 03 | 37:49 |
| 2. | 954 | Wiken, Herbert | 1943 | m | SC Melle 03 | 40:23 |
| 3. | 411 | Strehlau, Eckehard | 1947 | m | Osnabrück | 40:30 |
| 4. | 407 | Stieglbauer, Fred | 1945 | m | Lauftreff Bad Essen | 44:47 |
| 5. | 25 | Berghegger, Dieter | 1946 | m | OFV Ostercappeln | 52:43 |
| M65 | | | | | | |
| 1. | 133 | Glüsenkamp, Friedel | 1940 | m | OTB Osnabrück | 44:38 |
| 2. | 674 | Eser, Günter | 1939 | m | SC Melle 03 | 46:37 |
| 3. | 61 | Daniel, Wolf-Dieter | 1942 | m | SV Eintracht Neuenkirchen | 49:00 |
| 4. | 624 | Kuper, Klaus | 1939 | m | Belm | 49:46 |
| 5. | 365 | Schröder-Wottke, Clemens | 1939 | m | LG Osnabrück | 52:56 |
| M70 | | | | | | |
| 1. | 432 | Ungemach, Andreas | 1933 | m | TV GM-Hütte | 47:06 |
| M75 | | | | | | |
| 1. | 338 | Schlüter, Ewald | 1931 | m | SC Melle 03 | 50:09 |

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